

# NEWS & VIEWS

LIVING HOPE CHURCH

www.livinghc.org

March, 2020

## Pastor's Corner *by Dave Bauman*

### Steps to Truly Forgiving Yourself

by Josh Daffern

Everyone struggles with forgiveness. For many of us, our struggle comes with forgiving those who have hurt us in the past. But we'll never be free from the hurt of our past until we release that hurt through forgiveness. But for others, even after you've forgiven everyone else, the one person you can't forgive is yourself. You did something that to you is unforgiveable. Your parents don't know, your spouse doesn't know, your kids don't know. But God knows, and the seeming judgment coming from Him can be overwhelming. So when you look in the mirror and despise the person looking back, here are three steps to truly forgiving yourself:

**1. Stop asking, start thanking.** Most of us continually ask God for forgiveness that we've already received. Because of the gravity of what we've done, we feel the continual need to ask for forgiveness again and again. The problem comes when we continually ask God for forgiveness, we're assuming that He hasn't yet truly forgiven us. To embrace the forgiveness that was already won for us through Jesus Christ, stop asking for it and start thanking God for it. That subtle shift from asking to thanking can begin to loosen the chains of condemnation that are weighing down your soul.

**2. Stop stewing, start serving.** Unforgiveness is ultimately selfish, self-centered and even narcissistic. When you fail to forgive yourself, you keep the focus on yourself because you feel you must do penance or somehow earn forgiveness for your actions. At the center of it all is you. To break this cycle stop stewing about your lot in life and start serving other people. When you begin to serve others in meaningful ways you'll discover the liberation that comes from taking the focus off of yourself and beginning to focus on other people.

**3. Defeat every lie with the truth.** The enemy has kept you enslaved with lies for too long and he won't give up without a fight. That's why the primary battleground for your freedom is your mind. If you can change the way you think, you can change the way you live. Every time a thought enters your head that tempts you to walk back down the destructive path of unforgiveness, defeat that lie with the truth of Romans 8:1-2, *"Therefore, there is now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death."*

## Next Generation Ministries

*by Dave Ekes*

**NGM.** Next Generation Ministries (NGM) is the children's and youth ministries of LHC. This includes Nursery, Sunday morning children's and youth church during the Sunday service and Wednesday night Seekers and Youth. Wednesdays are from 6:30—8:00 p.m. Our NGM groups are involved in that and so much more. For more information regarding NGM classes or events, please feel free to phone or text me, Pastor Dave Ekes at 608-393-8791.

**YOUNG ADULTS.** Our Young Adult Group is meeting each month. This group is for post high school, college age thru 30ish, married or single.. It is an opportunity for networking, sharing, and meeting with others prayer, Bible study, events, and more. Contact Dave Ekes for more information at 608-393-8791.

### WINTER WEATHER POLICY

**LHC will NOT cancel Sunday 10 AM Service due to winter weather issues.** Of course, do not endanger yourself, but use your own discretion. We will conduct morning services with whomever can make it in the event of a winter storm event.

### MIDWEEK SERVICE/NGM YOUTH MINISTRIES OR EVENING LIFE GROUPS

NGM will follow CCS school closings or cancellations. Check Channel3000.com <http://www.channel3000.com/weather/index.html> for school closings. All midweek activities may be cancelled due to adverse weather.

### MARCH BIRTHDAYS

Eleah Luther	3/02	Ken Harding	3/20
Sam Langberg	3/05	Jim Reese	3/21
Jerry Strike	3/10	Solomon Ward	3/21
Char Jensen	3/12	Ruth Bauer	3/23
Natalie Newby	3/12	Gracia McReynolds	3/23
Yvonne Langeberg	3/13	Levi Johnson	3/23
Kim Hoff	3/16	Jaiden Ballweg	3/26
David Leverenz	3/16	Wendy Strike	3/29
Annie Wolter	3/18	Pat Baudo	3/30
Paul Wolter	3/18	Harry Beloungy	3/31
Peter Wolter	3/18		

# MINISTRY SCHEDULE

## March 1

### Ushers

Mark Higgins  
Pete Schyvinch  
Ken Pangburn

### Welcoming Team

Geraldine Wolter  
Debra Gerrits  
Donna Krumscheid

### Information Desk

Linda Packard

### Children's Church

Peter Wolter  
Jenny Wolter

### Nursery

Wendy Pangburn  
Helper

## March 8

### Ushers

Ron Blegen  
Dee Dee Fischer  
Bill Dam

### Welcoming Team

Ross Curry  
Kim Curry  
Jan Berkebill

### Information Desk

Carol Blegen

### Children's Church

Yvonne Langeberg  
Anna Langeberg

### Nursery

Brandie Beich  
Rebekah Langeberg

## March 15

### Ushers

Mark Higgins  
Harry Beloungy  
Ross Curry

### Welcoming Team

Debra Gerrits  
Jen Jagow  
Geraldine Wolter

### Information Desk

Dee Dee Fischer

### Children's Church

Christina Wolter  
Brenda Holman

### Nursery

Caroline Pfaff  
Melonie Ernst

## March 22

### Ushers

Ken Pangburn  
Bill Dam  
Pete Schyvinch

### Welcoming Team

Geraldine Wolter  
Dee Dee Fischer  
Harry Beloungy

### Information Desk

Jan Berkebill

### Children's Church

Dave Ekes  
Donna Ekes

### Nursery

Tammy Johnson  
Hallie Kepple

## March 29

### Ushers

Mark Higgins  
Ross Curry  
Ken Pangburn  
Harry Beloungy  
Bill Dam

### Welcoming Team

Debra Gerrits  
Kim Curry  
Jen Jagow

### Information Desk

Linda Packard

### Children's Church

Jan Berkebill  
McKenzie Kelly

### Nursery

Diane Higgins  
Eleah Luther